Peck's TaeKwonDo America

8001-109 Creedmoor Rd • Raleigh, NC 27613 • (919) 846-6578

Rules for participating in the 100 Club:

- Parents, Significant Others or an approved source may initial for each completion of the current form.
- Current Form must be performed outside of class.
- Current Form must be performed correctly.
- Parents/Helper should make an effort to know the sequence of the techniques.
- Parents/Helper should remain encouraging at all times and avoid any negative comments regarding the student's abilities or progress, any concerns about the student's training should be brought directly to the instructor.

- Once all 100 blocks are satisfied, student will receive a certificate of completion to be presented at the next awards Ceremony.
- After the first completion students will receive a special award and then every third completion thereafter, he/she will receive a special award.

Name:_____ Rank:_____Date Started:_____

Total # to Date_____ Prizes are awarded at intervals of 300